Holiday Office Hours

The Family & Graduate Housing office will be closed on Thursday, November 24 and Friday, November 25 for the Thanksgiving Holiday.

No Solicitation Allowed in University Housing

If a company or organization visits your apartment to sell a service of any kind, please tell them that solicitation is not permitted on University property, including all University-owned apartments.

Recently, we have learned that energy companies in particular have been coming to resident’s doors to speak to with them about switching energy providers. This month we have received a number of complaints from residents regarding Clearview Energy coming to their door and asking to see a copy of their latest Ameren bill with promises of lower energy rates.

Please follow these important steps should anyone other than a University Housing staff member, Comcast service technician, friend, or family member knocks on your door:

- Inform the person at your door (you don’t even need to open the door) that they are not allowed to go door-to-door as they are on University property where no solicitation of any kind is allowed.
- Do not give the person at your door any personal information. Do not give them your name, telephone number, or family information. It is very important that you do not show them any of your personal documents, including your Ameren bill where they can see your account number.
- Contact the Family & Graduate Housing office to report the solicitation incident. You may call the office at 217-333-5656 or send an email to apartments@illinois.edu

If you have any concerns or questions, please feel free to contact the Family & Graduate Housing office.

XFINITY On Campus

University Housing now offers access to XFINITY On Campus allowing you to stream TV, movies, and more on any device. You also get access to a cloud DVR to record your favorite programs. Leaseholders in University owned apartments can access this service with your NetID and password. When you are not on the campus network (IllinoisNet or Illinois_guest), you can access a reduced lineup of channels and your cloud DVR.

For instructions on how to access XFINITY on Campus or use the Xfinity TV app, visit www.housing.illinois.edu/resources/technology/xfinityoncampus

If you have any trouble, visit www.housing.illinois.edu/resources/technology/help
Community Programs

Please note that we often take photographs during community events, and these photographs may be used in a gallery online. If you do not wish to have your photograph taken, please inform the staff member at the event or contact the Family & Graduate Housing office at apartments@illinois.edu or 333-5656.

Parent-Child Playgroup
Come play and learn with us! Parent-Child Playgroup will meet on Wednesdays and Fridays from 10:00 to 11:30 a.m. at the Family Resource Center (1834-A). Caregivers and children ages five and under participate in fun and educational activities, such as crafts, music, story time, and snacks. Contact Candace Brahm at brahm2@illinois.edu with any questions.

Women’s Support Group
Come join us for tea and conversation. The Women’s Support Group is a comfortable space for women to bond and learn new skills while supporting each other. There will be weekly workshops on a variety of topics such as art, cooking, stress-management, parenting, and more. This group will meet Thursdays from 1:00 to 2:30 p.m. at the Family Resources Center (1834-A). Childcare will be provided. For more information, please contact Candace Brahm at brahm2@illinois.edu.

Family Housing Council Social Nights
The Family Housing Council (FHC) invites all Orchard Downs residents to join us on Saturday, November 5 & Saturday, November 19 from 6:00 to 8:00 p.m. at the Orchard Downs Community Center for socializing and fun! Pizza and drinks will be provided.

Family Housing Council Public Meeting
The FHC Public meeting will be Friday, November 11 from 6:00 to 8:00 p.m. in the Orchard Downs Community Center. All residents are warmly invited to discuss issues of interest in our community. Food and drinks will be provided.

Orchard Downs Programs

**St. Louis Trip: Saturday, November 5**
Come enjoy a day in Saint Louis, Missouri, including a visit to the City Museum and Galleria Mall. Registration will begin at 9 a.m. on Monday, October 17. Adults $15. Children $10. Open to Family Graduate Housing residents only. Questions? Please email Mel: bcc2@illinois.edu

**Family Movie Night: Tuesday, November 15**
Join us at the Orchard Downs Community Center on Tuesday, November 15 from 6:30 to 8:30 p.m. for a family movie night! All residents are welcome to join us as we watch a kid-friendly movie in our PAJAMAS! Popcorn will also be served. If you have any questions, please contact Jenna Hickey at jhick3@illinois.edu

**Birthday Bingo: Friday, November 18**
Were you born in November? Then we have a birthday party for you! Join us on Friday, November 18 at 6:30 p.m. in the Orchard Downs Community Center to celebrate all November birthdays. All residents are welcome to come enjoy birthday cake and bingo, with prizes for the winners.

**Winter Safety & Survival: Sunday, November 20**
Join us at the Orchard Downs Community Center from 4:00 to 5:00 p.m. for an informational hour about the upcoming winter: how to prepare mentally and physically for the snow and cold weather! Speakers from McKinley will be available to ask your weather-related questions. If you have any questions, please contact Jenna Hickey at jhick3@illinois.edu

**Karaoke Night: Tuesday, November 22**
Do you enjoy singing? Please come share your voice at the first Karaoke night of the year at the Orchard Downs Community Center! The event will be on Tuesday, November 22 from 6:00 to 8:00 p.m. This event is free and open to residents so please come take advantage of this opportunity to share your favorite songs with us! Questions please contact Mel Cardoso bcc2@illinois.edu
What is Thanksgiving?

Thanksgiving is an important public holiday celebrated on the fourth Thursday in November. It originated as a harvest festival that traces its origin back to a celebration in the early 1621 shared by early American settlers (the Pilgrims) and native American Indians in Plymouth, Massachusetts. In many American households, the Thanksgiving celebration centers on cooking and sharing a bountiful meal with family and friends. Traditionally, the meal includes a roast turkey and side dishes such as bread stuffing or sweet potatoes. Parades are popular on Thanksgiving, the largest and most famous is the Macy’s department store parade in New York City. This year, Thanksgiving is celebrated on Thursday, November 24.

**Thankfulness Story Hour:**
**Thursday, November 10**
Join us at the Orchard Downs Community Center from 6:30-7:30 p.m. for our story hour! A volunteer from the Center for Children’s Books will be reading a special “thankfulness” story, thanksgiving crafts will be made, and a special treat will be served! If you have any questions, please contact Jenna Hickey at jhick3@illinois.edu.

**Thanksgiving Dinner:**
**Saturday, November 12**
Family and Graduate Housing is inviting you to a Thanksgiving Feast at Wesley Methodist Church on beginning at 6:30 p.m. on Saturday, November 12. The traditional American dinner will be served. We will have educational activities. Do not miss the turkey and stuffing. Gobble Gobble!

**Illini Union Turkey Bowling Night:**
**Monday, November 28**
Come out to the Illini Union Bowling Alley on Monday, November 28 from 6:30-8:00 p.m. for a fun night of bowling! All residents are welcome, but registration is required to play. Please register by Tuesday, November 8 using this form: https://illinois.edu/fb/sec/5531900. If you have any questions, please contact Jenna Hickey at jhick3@illinois.edu.

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**Pest Control**

University Housing provides pest control services for those living in our buildings. If you suspect you have an infestation of insects, please submit an online Housing Maintenance iService Work Request detailing your problem and the specific areas of your apartment where you have observed bug activity. Pest Management staff will respond promptly to your request and deal with the problem.

To help keep pests to a minimum, the pest control staff recommends the following:

- Keep your living area clean and dry. Moisture attracts pests as does garbage and boxes. Keep your kitchen and bathroom floor dry and store items in plastic containers rather than cardboard boxes.
- Do not use over-the-counter bug sprays in your apartment. Using bug sprays can cause insects to run all over your living area and into neighboring apartments and rooms. Some of the chemicals in these sprays are not desirable and most likely will not take care of the pest problem long term.
- Do not pick up any mattresses you may find near a trash dumpster or outside on the curb. People will often throw away a seemingly perfect looking mattress because it has a problem such as bed bugs.
- Beware of used mattresses that someone gives or sells to you. These mattresses can also carry bed bugs and other types of pests. It is always best to purchase a new mattress whenever possible.
- Report to the Family & Graduate Housing office any incidences of the Laundry Room being used by non-residents. It is best if you call the FGH office at 217-333-5656 while the violation is in progress so that we can come to the Laundry Building and address the non-resident in person.
- Stay in the Laundry Building when using the washers and dryers. This will not only eliminate the possibility of any of your laundry going missing, but also will allow us to identify who is using the machines at all times.

The Family & Graduate Housing staff will be periodically monitoring both Laundry Buildings. FGH staff will stop into the Laundry Buildings to say “Hello” and ask for your ideas or suggestions regarding the Laundry Room facilities. In addition, the staff member may ask to see your University ID Card or your Orchard Downs apartment key to verify you are a current resident who is eligible to use the Orchard Downs laundry facilities.

**Laundry Room Help Needed**

The Family & Graduate Housing office continues to receive complaints from residents regarding the use of the Orchard Downs North and South Laundry Buildings by non-residents. We need your help in addressing this issue:

- Make sure that you do not prop open any of the Laundry Room doors. When Laundry Room doors are left open, it is an open invitation for non-residents to enter our buildings and use the facilities. Please carry your Laundry Room key with you and use it to enter the Laundry Buildings.
The MultiCultural Health Center hosts a free medical clinic every Thursday from 6:00-8:00 p.m. This is a walk-in clinic staffed by volunteer medical students and supervised by a licensed medical professional. For several years, HeRMES has operated in partnership with area health clinics that serve the uninsured and underserved of Illinois.

**Clinic Hours**

Please call (217) 265-6267 to make an appointment during the scheduled hours listed below. Walk-ins are also welcome.

- **Monday**: 2–4 p.m.
- **Tuesday**: 12–1:45 p.m.
- **Wednesday**: 2–4 p.m.
- **Thursday**: 12–1:45 p.m. and 5–8 p.m.
- **Friday**: 11am–2 p.m.

For more information, please contact Robert King at rking10@illinois.edu.

**HeRMES**: Every Thursday from 6:00 to 8:00 p.m. Doors open at 5:30.

**WIC Hours**: Friday, November 4 & Friday, November 18 1:00 to 4:00 p.m.

Clients who are receiving coupons can only pick up their coupons from the MCHC office on the 6th and 12th months. The coupons sent during the first 3 months and the 9th month must be picked up at the C-UHD office. Clients must also make sure to register on the WIC website in order to make themselves eligible to pick up WIC coupons at the MCHC. This will allow each resident’s coupons to be delivered to the MCHC for pick up.

**CCCHC Services**: Champaign County Christian Health Center is a non-profit clinic in our community located at Presence Community Resources Center on Wright St. on the Presence Hospital Campus, with a satellite office at the MultiCultural Health Center by appointment only. Please contact CCCHC through the appointment line, (217) 402-LOVE (5683), if you need assistance with primary care. For more information, visit: http://ccchc2003.org.

**Woman, Infants and Children (WIC) Services**: WIC services are provided for women, infants and children and are offered by the Champaign-Urbana Public Health District. Services for WIC participants include supplemental nutritious foods, nutrition education, counseling, screenings and referrals to other health services, welfare and social services, and immunizations for children. (Note: Clients who are receiving coupons can only pick up their coupons from the MCHC office on the 6th and 12th months. The coupons sent on the first 3 months and the 9th month must be picked up at the C-UHD office. Clients must also make sure to register on the WIC website in order to make themselves eligible to pick up WIC coupons when available at the MCHC prior to pick up so it can be delivered to the MCHC for pick up.)